

SONGS OF MILAREPA:

CHAPTER 38: "THE STORY OF THE YAK'S HORN"

Held at Padmaloka, November 1980.

- 1 Milarepa's vision of Rechungpa's pride
Vision defined
- 2/5 Rechungpa confuses knowledge with wisdom
Rechungpa's concern with his statue
- 6 Pseudo-equality. Elitism
- 6/8 Milarepa wonders at the cause
- 8 Rechungpa's split personality
- 9/12 Psychological or spiritual problem
Needing a spiritual ideal
- 12/39 Milarepa answers Rechungpa in song
- 12/15 The Mandala - Enlightenment in ascetic terms
- 15 A healthy body
- 15/19 Klesas - the five poisons and hindrances
- 17 The asravas
The emotional and intellectual aspects of the klesas
- 20/23 An existential ease
The painful state of turmoil
A fondness for diversion
- 23/25 "No-man's land". Living in solitude
- 25/30 "Embittered family life"
- 27 We are much more free than we think
- 28 A point of freedom - taking a spiritual step
- 29 Impotence breeds resentment
- 30/31 "No need for books1,
- 31 "Shame of heart"
- 32/33 "The saliva-splashing debate" - hypocrisy
- 32/34 "Living without forethought" - neurotic planning
- 34/35 "Wanting not fame or glory"
- 35 "To realise samsara and Nirvana"
- 36 Repa
"Has your mind been sharpened and refreshed.. ."
Singing - communication
- 37 Pride, egotism and altruism
- 38/39 Egoistic or self-confident
- 40/41 "Obeying my Guru"... Rechungpa twisting the facts
- 41/43 Rechungpa presuming to teach Milarepa
Superficial experience
- 42/43 Mothers and dakinis - hidden teachings
- 44/65 Milarepa's reproof
- 45 "Villains tend to slay
"Knowing one's limit....
- 46 Any old practice will do!
- 47 Dharma-dhara

- 48/50 Disturbing the dakinis
 Discussing ones's spiritual experiences
 The quality of communication
- 50/52 Setting up the right conditions for communication
- 52/55 The criteria for real communication
 Study groups and communication
- 55/57 "Your pride will lead you astray"
 "To preach a lot with empty words"
- 57 "To be swollen with pride..."
 Disobedience of the Guru
- 58/59 Going to meditate in solitude
- 59/61 Renouncing one's kin
- 61 Hiri and Ottappa - shame and conscience
- 62/63 Violating the rules - honouring commitment
- 64/65 "If you agree with what I say
 Coercion and individuality
- 65 "I am an old man fearing death"
- 66/70 Rechungpa beseeches Milarepa's understanding
- 68 Trying to teach one's teacher!
- 69 Investing oneself with importance
- 70 Thinking of the Dharmas as external
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- 71 Are the tantric teachings of use to the FWBO
- 72 The meaning of initiation
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- 73 There's no such thing as a spiritual community - labels
- 74/76 The dharma as experienced - meditation
- 76 Reading Milarepa's song
- 77/81 "maintaining harmony with people"
- 79 The first precept - a gradation in seriousness
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- 88/91 Solitude and great artists - positive and negative effects
- 91/92 Pindar - poet of Ancient Greece
- 92/94 "Maintain harmony with your father"
 "Repay your mother' s kindness "
- 94 Being on good terms with one's spiritual brothers
- 94/95 "To be humble is to succeed"
- 95/96 Conquering all bad dispositions - Insight
- 96/97 Samatha and vipassana practices
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- 97 Modesty
- 97 Doing away with pretence and concealment
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- 100 The Formless Dakini Dharmas do not mean too much
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